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Please click on the link below to access the digital activity:

<https://docs.google.com/presentation/d/1OKiYCL0BXNAFRxUnm5u1jd1gKaylVoQrk44YuA1wD2Q/copy>

General Google Slides Directions:

- 1. Please sign in with your Google account.**
- 2. Please click "make a copy" and a copy of the activity will automatically be saved to your Google Drive.**
- 3. If you are using Google Classroom, please assign the activity as an assignment to your students.**
- 4. If you are not using Google Classroom, you can post the resource to the virtual platform that you are using, or email the link directly to students. If you email the link to students, please make sure that they or their parents have a free Google account first. They will click on the link, sign in with their Google account, and then a copy of the activity will automatically be saved to their Google Drive. They can then use any device (tablet, smart phone, computer) to access the resource.**

How to Use the Digital Activity:

IMPORTANT NOTE: PLEASE USE THIS ACTIVITY IN "EDIT MODE," THE WAY IT LOOKS WHEN YOU FIRST OPEN THE DOCUMENT. PLEASE DO NOT USE IT IN FULL-SCREEN "PRESENTATION MODE."

1. This lesson is a companion to the story "When Miles Got Mad" by Abbie Schiller and Samantha Counter. Please start by either reading the story aloud or showing students a YouTube video read-aloud. Next, please use the Google Slides™ presentation with students. It reviews the story, teaches about how anger and calm look and feel in our bodies, goes over 10 examples of anger triggers, and teaches 13 calm down strategies. The presentation offers several prompts that students can respond to by typing in fillable text boxes that say "Type here." It also includes an interactive drag-and-drop activity in which students drag the blue check marks to their favorite coping strategies.
2. A PowerPoint version of the presentation and printable resources are also included in the zip folder. Feel free to use the printables after completing the digital activity.
3. Questions? Please contact me at laura@musiccitycounselor.com.
4. PS I so appreciate when you please leave feedback on my resources. It earns you credits towards future purchases, helps other educators find quality resources, and helps my small business grow!

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Please contact me any time at laura@musiccitycounselor.com with questions, suggestions, resource requests, or comments! I'd love to hear from you!

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